BINGHAMTON UNIVERSITY

STATE UNIVERSITY OF NEW YORK

Fleishman Center for Career and Professional Development

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TRANSFERABLE SKILLS

As you begin your job search or consider careers that would be right for you, it is important to know what you are good at and what you enjoy doing. Over the years, you have developed many skills from coursework, extracurricular activities, internships, jobs and your total life experiences. If you've researched, written, edited and presented papers for classes, you've used skills that are not limited to any one academic discipline or knowledge area but are transferable to many occupations. A prospective employer expects you to apply the skills you have learned through your studies, work, and life experiences to the work environment.

What Skills and Qualities are Important to Employers?

According to the 2016 National Association of Colleges and Employers (NACE) Job Outlook Survey, the top 10 qualities/skills employers seek are <u>transferable</u> skills:

- 1. Leadership
- 2. Ability to work in a team
- 3. Written communication skills
- 4. Problem-solving skills
- 5. Verbal communication skills
- 6. Strong work ethic
- 7. Initiative
- 8. Analytical/quantitative skills
- 9. Flexibility/adaptability
- 10. Technical skills

Which of the top ten skills do you excel in? Where have you developed these skills? How might you articulate these skills to employers? How can you develop them further?

Take Stock of Your Transferable Skills

Review the lists in the following 5 categories and underline all the skills you have. Then go back and circle the 10 underlined skills you would enjoy using most. Write these top 10 skills in the spaces provided under "Ten Most Preferred Skills" and write a brief example of how you have demonstrated each skill in a job, class, internship, or extracurricular activity. This will help as you consider career options and as you prepare for your job or internship search and interviews.

Human Relations

Attend to the social, physical or mental needs of people

being sensitive
counseling
advocating
coaching
providing care
conveying feelings
empathizing
interpersonal skills
facilitating group process
active listening
motivating

Design & Planning

Imagine the future, develop a process for creating it anticipating problems creating images designing programs displaying creating images brainstorming new ideas improvising composing thinking visually anticipating consequences of action conceptualizing

Communication

Exchange, transmission and expression of knowledge and ideas speaking effectively writing concisely listening attentively expressing ideas facilitating discussion providing appropriate feedback negotiating perceiving nonverbal messages persuading describing feelings interviewing editing summarizing promoting working in a team making presentations thinking on one's feet dealing with public

Organization, Management

Direct and guide a group in completing tasks and attaining goals initiating new ideas making decisions leading solving problems meeting deadlines supervising motivating coordinating tasks assuming responsibility setting priorities teaching interpreting policy mediating recruiting resolving conflict organizing determining policy

giving directions

Research & Planning

The search for specific knowledge setting goals analyzing ideas analyzing data defining needs investigating reading for information gathering information formulating hypotheses calculating and comparing developing theory observing identifying resources outlining creating ideas identifying resources critical thinking predicting and forecasting solving problems

Your Ten Most Preferred Skills

Brief Example of How You've Used Each Skill

1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	